

Infection
Prevention
and Control
Foundation

انفیکشن کیروکتھام محفوظمعاش*رے* کیضمانتہے

Prevention is better than cure

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### Who We Are

Infection Prevention and Control (IPAC) Foundation is a non-profit organization that aims at building a strong defense system against infectious diseases in Pakistan. IPAC Foundation is working for a paradigm shift in the healthcare sector and aims to play the role of a leader in preventive health. Our mission is to reduce the burden of infectious and communicable diseases in Pakistan through capacity building of healthcare providers, and by educating people about preventive and precautionary mechanisms. We strive to break the chain of infection transmissions through early diagnosis and proper treatment.

## Foundation History

A group of Pakistani doctors from North America and medical students from Pakistan got together to create a mass movement and spread awareness regarding Hepatitis B and C in Pakistan. On August 6, 2016, Volunteer Force against Hepatitis Transmission (VFAHT) was founded at the CM Secretariat, Punjab with only 100 volunteers. But soon the board realizes awareness wasn't enough to cater the burden of infectious diseases, so they established a non-profit organization titled Infection Prevention and Control Foundation (Corporate ID no is 0150064) in 2020 to expand its horizons and increase its operation and services.

### Legal Status

#### **PAKISTAN:**

Securities and Exchange Commission of Pakistan (License No.1350) Punjab Charity Commission (Registration Number 5481910463221781) Pakistan Center for Philanthropy

#### **USA:**

501(c) (3) organization in the United States.



## **Board of Trustees USA**



Sameer Shafi Chairman



**Umar-Farooq** Vice Chairman



**Murtaza Arain-MD** Member



Masooma-Shafi

Member



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Member



Rana Zahid Hameed Ashraf-Lakhani

Member



Member



Moin-Haque

Member

## **Board of Directors Pakistan**



Sami Shafi

Director



**Muhammad Umer** 

Director



M. Umair Ahmed

Director



## Our **Vision**

A safer world through prevention-based healthcare.

#### Our **Motto**

Prevention is Better than Cure.

## Our **Mission**

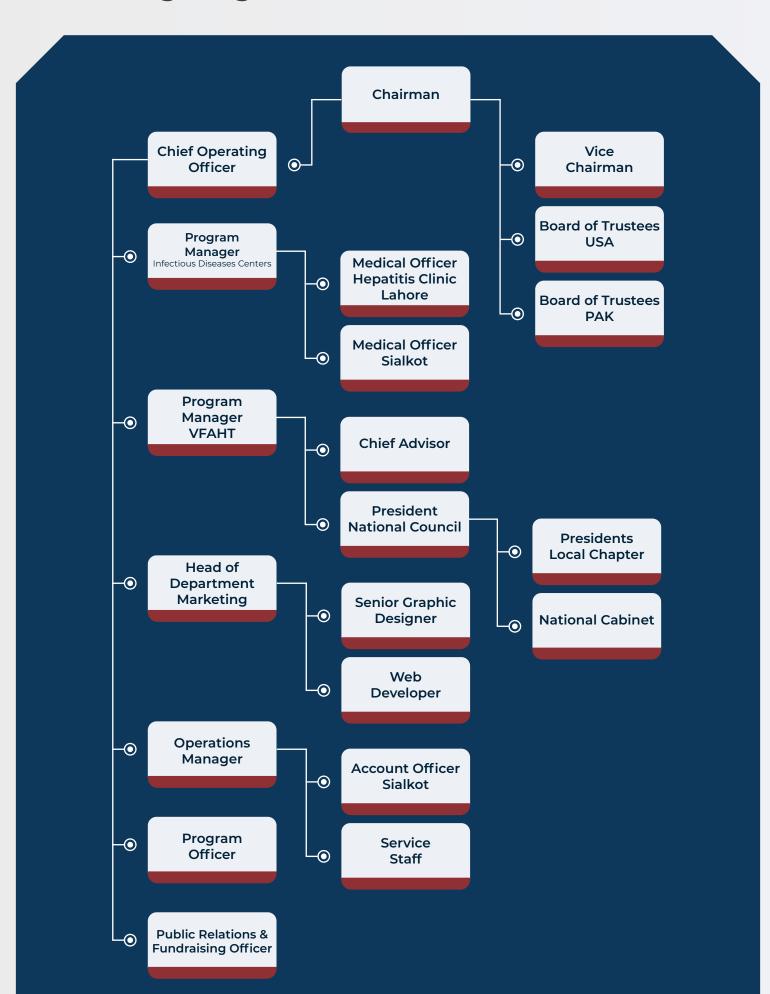
Our mission is to reduce the burden of infectious communicable diseases in Pakistan through capacity building of healthcare providers, by educating people about preventive precautionary mechanisms. We strive to break the chain of infection transmissions through early diagnosis & proper treatment.

## Our **Objective**

To provide specialized treatment facilities through dedicated infectious disease centers.

To screen & vaccinate masses for early detection & proper treatment of infectious & communicable diseases.

## IPAC Organogram



#### **Our Strategies**

- o Public awareness
- o Early diagnosis through camps
- o Provision of treatment
- o Implementation of Infection Prevention curriculums

#### **Focusing Areas**

- o Preventive healthcare
- o Capacity building of healthcare providers
- o Provision of clean drinking water and sanitation
- o Introducing healthy and hygienic environments for schools

#### **Working Areas**

o IPAC is working and implementing its programs and projects across Pakistan with likeminded organizations, skilled volunteers, and community workers.

#### **Our Resources**

- o Medical Volunteers
- o Identified Communities
- o Linkages and Networking
- o Experienced and Committed Pioneers

#### **Funding Strategies**

- o Services Fee
- o Fund Raising Activities

#### **Target Audience**

The target audience for these performances includes voters were the following groups.

- o Women and men of all age group
- o Corporate factory workers
- o Medical and dental students
- o School children
- o Underprivileged male and female

### Our Approach

Our strategy is based on a commitment to using a diverse approach to address the causes of infectious diseases to improve the health and well-being of people in Pakistan. It involves educating the neighborhood about preventable actions, putting diagnostic services at their doorstep, and encouraging them to incorporate preventative mechanisms into daily life. Beside this, these services are offered and readily available at our medical facilities in Lahore and Sialkot.

## **Guiding Principles**

- Improving patient safety and healthcare quality
- Offering medical personnel who are responsive to patient needs.
- Giving patients and families more control over their healthcare decisions
- Inculcate a sense of moral responsibility among future generations targeting students, parents and teachers to towards infection prevention and control.





# Volunteer Force Against Hepatitis Transmission (VFAHT)

VFAHT was established in 2016. It is the largest student-based volunteer body of students and faculty members from the fields of medicine, dentistry, allied health, biomedical sciences, and other university programs working for the prevention and control of Infectious Diseases.

Chapters	Volunteers
30	3000



## Community **Health Program**

Pakistan has been prone to healthcare problems for decades. The spread rate of infectious diseases is higher in Pakistan as compared to other developing countries. Early detection and the availability of equitable and sustainable health services pave the way to breaking the chain of transmission.

Through health camps, VFAHT aspires to screen and vaccinate the masses against deadly infectious diseases. These camps also double back as a source of disseminating awareness about the disease and advocating preventive interventions.



Volunteer screening the person for HBV & HCV in Hepatitis Screening & Vaccination Camp at University of Lahore



Hepatitis Screening & Vaccination Camp at Sheikh Zayed Medical College, Rahim Yar Khan

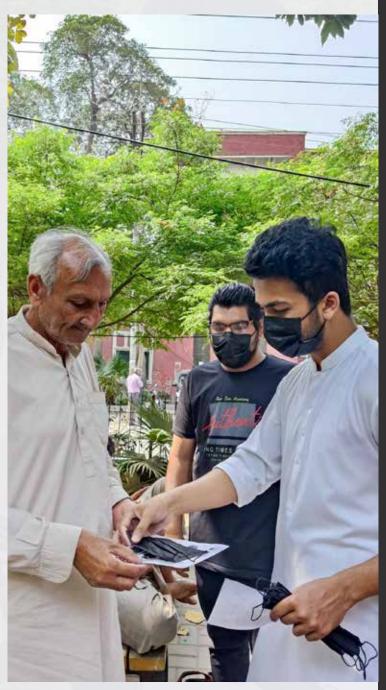
## Public Awareness

Public Awareness Campaigns aim at educating people through seminars, webinars, walks, social media, and door-to-door awareness programs. The components of these campaigns include Safe Blood Donation Seminars, Hand Hygiene Awareness Drives in schools, Hepatitis Awareness Campaigns, and awareness about other infectious diseases like Polio, Rabies, Malaria, Dengue, COVID-19, TB, HIV, Typhoid, and Oral Hygiene. We try to educate a maximum number of people about

the importance of treatment against infectious diseases and the basic preventive measures they can adopt to secure themselves.



Volunteers distributing sanitizers & soaps for Global Handwashing Campaign in Rawalpindi



Volunteers distributing brochures & masks for monkeypox awareness campaign in Karachi

## <u>Infectious Diseases</u> **Centers**



**IPAC** Foundation has established Infectious Diseases Centers in collaboration with the Primary & Secondary Health Departments of Punjab. With the help of these departments & our other esteemed partners, we are working toward our goals. The purpose of these centers is to provide free-of-cost advanced quality medical services to the people along with educating them & spreading awareness about preventive healthcare necessary preventive measures.

The key components of our dedicated centers includes consultation & counseling, free medicines, free vaccination and discounted lab tests under one roof.





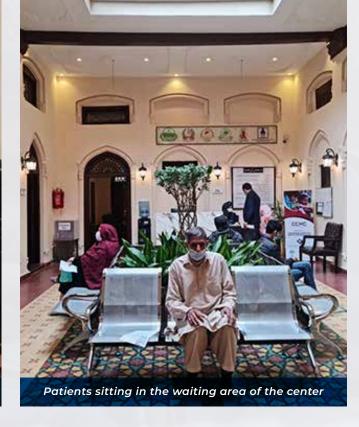
Public Health Awareness Walks

## Chiraghdin Community Health Centre

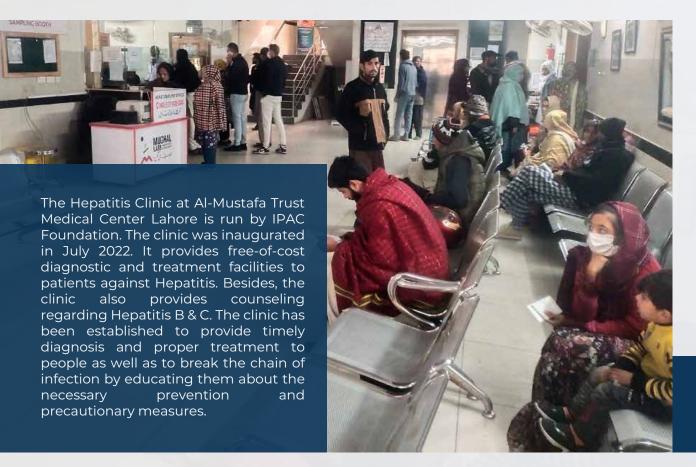
Chiraghdin Community Health Centre, over the span of one year, has established itself as one of the most trusted medical centers for the people of Sialkot and surrounding areas. The center has specialized clinics including Hepatitis, TB, VCCT, and Immunization Clinics. There is also a General Infectious Diseases Clinic, Diagnostic Lab, Pharmacy, and Women & Child Health Clinic. The clinic provides advanced quality services including free consultation from experienced and expert doctors, medicines, lab tests, and vaccinations for children and adults. The facility also houses a community hall that provides patient education and counseling regarding infectious diseases.







## Hepatitis Clinic Lahore







## Roadmap to Healthy Schools

### FG Public High School Nowshera

Infection Prevention & Control Foundation has embarked on a new journey. A cause that needs to be highlighted on a priority basis. We are contributing to F.G. Public High School, Nowshera Cantt Renovation & Upgradation Project by doing the following: Installation of a state-of-the-art water filtration plant.

Renovation & upgradation of toilets, auditorium, library, science labs, & class cafeteria.

Introducing Infection Prevention & Control curriculums & hands-on training sessions for children.

We always emphasize prevention-based healthcare, & contributing to this project is yet another step toward our goal.





### **SECP Certificate**



## Our Partners





























## Reach Out to Us



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